

Pre-Surgical Hand Scrub Instructions Using an Alcohol-Based Hand Disinfectant

Before using the hand disinfectant, remove your watch, rings, and all other jewelry from your hands and wrists.

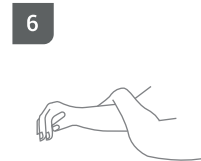
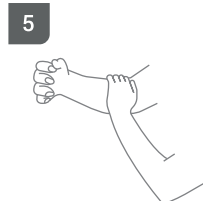
How to Hand Scrub?



Using your right elbow, press the dispenser and apply 5 mL of the surgical hand scrub solution to the palm of your left hand.



Dip the fingertips of your right hand into the solution in your left palm and rub them for 5 seconds.



3-7. Using circular movements, rub the solution over your right hand and forearm, covering the front, back, and sides, and continue up to the elbow for 10-15 seconds.



Using your left elbow, press the dispenser and apply 5 mL of the surgical hand scrub solution to the palm of your right hand.



Dip the fingertips of your left hand into the solution in your right palm and rub them for 5 seconds.



Using circular movements, rub the solution over your left hand and forearm, covering the front, back and sides, and continue up to the elbow for 10-15 seconds.



Using your right elbow, press the dispenser again and apply 5 mL of the surgical hand scrub solution to the palm of your left hand.



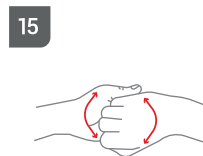
Rub your palms together.



Place your right palm over the back of your left hand with the fingers interlaced and rub thoroughly. Repeat with the opposite hand.



Rub your palms together with the fingers interlaced.



Rub the backs of your fingers against the opposite palm with the fingers interlocked.



Clasp your left thumb with your right palm and rub it using rotational movements. Repeat with the right thumb.



Allow your hands and forearms to dry completely. **Your hands are now ready for surgical or other invasive procedures.**

